

Curriculum: Contents of ICDP-USA Sessions

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Unit 1		
Session 1	Introduction	Explore conceptions about children, about the caregiver's role, and about childrearing activities.
Session 2		Reactivate positive aspects in play, and in local childrearing practices and traditions.
Session 3	Empathy and Emotional Interaction	Explore the concept of empathy and its critical role in effectively communicating with children. Explore the concept of caregiver/child attunement and its essential role in child's emotional development.
Session 4		<p>Emotional Dialogue: Explore elements of good emotional communication--giving love, praise and approval, and allowing the child to lead, which promotes positive development, helping the child build self-confidence.</p> <p>Comprehension Dialogue: Explore communication that describes and expands the child's understanding of the world.</p> <p>Regulation Dialogue: Explore how to positively regulate children's behavior, set limits.</p>
Session 5	ICDP Emotional Guidelines (1-4)	Guideline 1: How do you show positive feelings-- that you love your child?
Session 6		Guideline 2: How do you follow and respond to the initiatives of your child?
Session 7		Guideline 3: How do you hold a close conversation with your child, with and without words?
Session 8		Guideline 4: How do you give praise and approval for what your child does positively?
Unit 2		
Session 9	ICDP Comprehension Guidelines (5-7)	Guideline 5: How do you share experiences and focus your child's attention with yours?
Session 10		Guideline 6: How do you describe and give meaning to your child's experience and show enthusiasm for your child's experience?
Session 11		Guideline 7: How do you expand and enrich your child's experiences by connecting topics and by making connections through logic and imagination?
Session 12	ICDP Regulation Guidelines (8a-8d)	Guideline 8a: How do you support your child with boundaries and to plan step-by-step to develop self-control?
Session 13		Guideline 8b: How do you support your child with scaffolding (gradual support) to encourage their initiatives?
Session 14		Guideline 8c: How do you use situational regulation and set routines to guide behavior?
Session 15		Guideline 8d: How do you positively set limits with consequences to develop responsibility and moral understanding?
Session 16	Conclusion and Planning Session	Develop and present interactive videos of caregiver-child interactions. Children may be present. ICDP program evaluation. Group continuation discussion